

Syllabus for PSY 101 Introduction to Psychology
Spring 2009 CRN 20993 @ 9:45 am or CRN 20994 @ 1:10 pm

*PSY 101 at Pima is equivalent to PSYC 101 at the University of Arizona

Description: Survey of general psychology, including history, nervous system anatomy and physiology, perception, learning, motivation, cognition, development, personality, social psychology, and psychopathology.

Instructor: Rita Flattley, M.Ed. Email: rflattley@pima.edu
Web Site for Psychology, including syllabus: <http://ecc.pima.edu/~rflattley>
Textbook Website www.prenhall.com/wade

NOTE: You MUST include the course number in the subject line of an email message so I know that you are a student, and please do NOT send writing assignments to me as attachments due to virus & spam problems.

Office: 01 162 **Phone:** 206-7634 days, 573-0783 eves. before 9:30 p.m.(no messages)
Office hours Mon. & Wed.8:45 – 9:45 am and Tues. & Thurs. 9 – 10 am

Text: Psychology, 9th Ed., Wade and Tavris, ISBN 0132387387
Pearson/Prentice-Hall The previous 8th edition is very similar

Important Dates for Spring 2009

Classes Start Tuesday, January 20
Registration / Add Period Jan. 20 - 26
Refund Deadline Monday, February 2
Graduation Application Deadline Wednesday, February 25
Rodeo Days Thursday & Friday, Feb. 26 - 27
Spring Break March 15 - 22
Withdrawal Deadline Thursday, April 9
Finals Week May 13 - 19

Note: Students are held responsible for knowing and following the PCC Code of Conduct and maintaining academic integrity in the course of their studies. **Students who do not attend regularly may be withdrawn from the class roster or may fail the class. Students who disrupt the learning environment may be asked to leave.**

Reasonable accommodations, including materials in an alternative format, will be made for individuals with disabilities when a minimum of 5 working days advance notice is given. Contact Disabled Student Resources in L-231 or call 206-7699 for more information.

Arizona state law requires that any information given to the instructor regarding any abuse of a minor must be reported to a police officer and may be investigated by campus police. Grades will be available in a reasonable time frame through Pima's computer system. Please make sure that you have everything completed in a timely manner as well!

Course Outline

Please Note: This schedule may change slightly during the semester as announced in class. You are responsible for information presented in class, so it would be in your best interest to attend regularly. **Chapters are not always covered in order.**

Unit 1: Psychology: The Macrocosm

Week 1 January 21 Introduction. Review syllabus, course requirements, and expectations.

Week 2 January 26 - 28 READ Ch. 1 What is Psychology? Discuss the history and key theoretical perspectives and career fields in psychology.

Week 3 February 2 – 4 READ Ch. 2 How psychologists do research. Methods, evaluating research, ethical issues in animal and human subject research.

Week 4 February 9 - 11 READ Ch. 15 Stress and Health. The physiology of stress and wellness. Personality factors and coping with stressors, social support, locus of control research, resilience and immunity.

Week 5 February 16 – 18 READ Ch. 8 Behavior in social and cultural context. Obedience & conformity, ethnocentrism & prejudice, group identity & decisions making, dating & mating.

First Quiz on Chapters 1, 2, 15, & 8 on Monday, February 23, Multiple Choice Format

Unit 2: Biological Psychology: The Microcosm

Week 6 February 23 - 25 READ Ch. 3 Genes, Evolution, and Environment. Human genetics and the evolution of social behaviors, the nature-nurture debate.

Week 7 March 2 – 4 READ Ch. 4 The Brain: Source of Mind and Self. Anatomy and physiology of the brain, medical imaging, brain research, neurology and behavior.

First article review due Week 7 – Hand in person, not by email please.

Week 8 March 9 - 11 READ Ch. 5 Body Rhythms and Mental States. Biorhythms and mood changes, sleep and dreams, consciousness and altered states, hypnosis.

Spring Break Week of March 15 – 21 No Class!

Week 9 March 23 - 25 READ Ch. 6 Sensation and Perception. Vision, hearing, the chemical senses, pain. Perceptual illusions, subliminal perception, ESP.

Second Quiz on Chapters 3, 4, 5, 6 on Monday, March 30 Diagrams & Fill in Blanks

Unit 3: Mind and Emotion

Week 10 March 30 – April 1 READ Ch. 7 Learning and conditioning. How organisms are influenced by the antecedents and consequences of behavior, and by observations.

Week 11 April 6 - 8 READ Ch. 9 Thinking and Intelligence. Rational thought and mental biases. Defining intelligence, debating IQ testing. Language in man and beast.

Second article review due Week 11 – Hand in person, not by email please.

Week 12 April 13 - 15 READ Ch. 10 Memory. How it works, how it fails, and how to improve it. How memories shape our lives. False recall and confabulation.

Week 13 April 20 - 22 READ Ch. 11 Emotion AND Ch. 12 Motivation How emotions are expressed and displayed. The effects of biology, culture, and gender. Coping skills. Hunger, eating habits, and eating disorders. Love and sex, competency and achievement, values and happiness.

Third Quiz on Chapters 7 and 9 – 12 Monday, April 27 Multiple Choice Format

Unit 4: Personality Development – Normal and Abnormal

Week 14 April 27 - 29 READ Ch. 13 Theories of personality. Psychodynamic, humanistic, and sociocultural theories. Temperament and genes. Traits and testing.

Week 15 May 4 - 6 READ Ch.16 Psychological Disorders. Modern methods of classification, diagnosis, and treatment. Major categories of mental illness.

Week 16 May 11 READ Ch. 14 Development over the Life Span. Cognitive and moral development, self and gender, stage theories and transitions, raising children. Last Day to Present May 11.

Last Quiz May 13 on Chapter 13, 14, 16. Enjoy your summer! Grades will be posted soon.

How to Write a Review of Research in Psychology:

1. Select a topic within the field of psychology that you find interesting. Topics can include research on the brain and nervous system, neurological or psychological disorders, special topics like sports psychology, etc.
2. Decide whether you would like to do an Internet search or look at printed materials. Librarians at the EC can help you with either kind of information search, and know how to direct you to special databases or journals.
3. Select an article for review. Make sure it is a full-length article, not just an abstract or summary, so you have enough to write about. Make sure that it has a basis in research or is from a reputable source, like a university or scientific periodical. The Internet includes a lot of personal opinions, which may be interesting but are not relevant for this purpose.

4. Read the information and think about the main points and what you learned from the article. Does it agree or disagree with other information you have on the topic, from experience or from your test?
5. Write a concise summary of the information, conclude with your own comments, such as why you chose the article, whether you agreed or disagreed, etc. The overall length should be about 1 – 2 pages in a standard 12 point font, 1.5 or double spaced. No handwritten papers will be accepted.
6. End with the reference for the information, including the author, title, and periodical, and date, or the complete web address if it is from the Internet.

Examples: For information in print :

<u>Author</u>	<u>Date</u>	<u>Title of article</u>	<u>Publication information</u>
American Psychological Association	(1992).	Ethical principles of psychologists and code of conduct.	<i>American Psychologist</i> , 47, 1597-1611.
Loftus, Elizabeth F.	(1993).	The reality of repressed memories.	<i>American Psychologist</i> , 48,518-537.

Examples - For information from the Internet:

<u>Author</u>	<u>Date</u>	<u>Title of article</u>	<u>Publication information</u>
National Institute of Mental Health	(2004).	Brain’s Reward Circuitry Revealed in Procrastinating Primates.	http://www.nimh.nih.gov/press/prworkaholicmonkey.cfm (18 Aug. 2004)
Tilton, J.	(1995).	Composing good HTML.	http://www.cs.cmu.edu/~tilt/cgh/ (1 Dec. 1996)

Important: Do NOT copy papers in whole or in part from the Internet without using quotation marks around the verbatim material (quotations should be brief.) This is defined as plagiarism and is a violation of the Student Code of Conduct.

Grading Policy and Point Assignments

Attendance: Taken orally in first few weeks, then by sign-in sheet Maximum 25 points
In Class Activities: Usually 5 – 10 points per activity done in class Maximum 25 points
Four Quizzes: Each worth 30 points, multiple choice except #2 4 x 30 = 120 points
Written Reviews of Current Research in Psychology: Two reviews, 2 x 25 = 50 points
Visual Poster/Presentation: Maximum 50 points

Course Total 270 points

Point Conversion to Letter Grade:

240 – 270 = A
 210 – 239 = B
 180 – 209 = C
 150 – 179 = D
 Below 150 = F