

**Syllabus for PSY 101 Introduction to Psychology Self-Paced
Spring 2009 CRN 20996**

*PSY 101 at Pima is equivalent to PSYC 101 at the University of Arizona

Description: Survey of general psychology, including history, physiology, perception, learning, motivation, cognition, development, personality, social psychology and psychopathology.

Instructor: Rita Flattley, M.Ed Email: rflattley@pima.edu

Web Site for Psychology, including syllabus: <http://ecc.pima.edu/~rflattley>

NOTE: You MUST include the course number in the subject line of an email message so I know that you are a student, and please do NOT send writing assignments to me as attachments due to virus & spam problems.

Office: 01 162 **Phone:** 206-7634 days Office hours Mon & Wed 8:45 – 9:45 am, Tues. & Thurs. 9 – 10 am, during this class time Mon. & Wed. 3 – 4 pm or by email or appointment

**Text: Psychology, 9th Ed., Wade and Tavris, ISBN 0132387387
Pearson/Prentice-Hall The previous 8th edition is very similar**

What is a Self-paced class?

A self-paced class is set up so that you can work at your own pace through the course content, and have the opportunity for flexible scheduling. It is NOT easier than a lecture class, in fact for some people it is more difficult. You will need to be self-motivated, to read the text carefully and make sure that you understand it, and to manage your time well. If you get right to work, you may be able to finish this class early. If you put everything off until the last minute, you are less likely to complete the course with a good grade. In a self-paced class, your success is up to you!

Important Dates for Spring 2009

Classes Start Tuesday, January 20

Registration / Add Period Jan. 20 - 26

Refund Deadline Monday, February 2

Graduation Application Deadline Wednesday, February 25

Rodeo Days Thursday & Friday, Feb. 26 - 27

Bonus Date #1 Monday, March 9

Spring Break March 15 - 22

Withdrawal Deadline Thursday, April 9

Bonus Date #2 Monday, April 13

Bonus Date #3 Monday, May 11

Finals Week May 13 – 19 Last Day to Test is May 19

Arizona state law requires that any information given to the instructor regarding any abuse of a minor must be reported to a police officer and may be investigated by campus police.

Note: Students are held responsible for knowing and following the PCC Code of Conduct and maintaining academic integrity in the course of their studies. Grades will be available in a reasonable time frame through Pima's computer system. Please make sure that you have everything completed in a timely manner as well!

Pima Community College is an equal opportunity, affirmative action employer and educational institution committed to excellence through diversity. Reasonable accommodations, including materials in an alternative format, will be made for individuals with disabilities when a minimum of 5 working days advance notice is given. Contact Disabled Student Resources in L-231 or call 206-7600 for more information.

All tests will be given in the Testing/Assessment Center across from the Lower Computer Commons, and all writing assignments will be turned in at the Tutoring Center in L-125 across from the Library Circulation Desk. All tests and assignments will be returned to the Tutoring Center for pickup. You must show a current Pima College student ID card to pick up materials.

Course Requirements:

1. All tests are given in the Testing Center. You **MUST** follow Testing Center rules and regulations! There are no cell phones or pagers allowed and you must be quiet and respectful of other students taking tests. If you wait until the end of a semester you may have to stand in line to even get a desk at the Testing Center – another motivation to finish the course early! If you have a disagreement about the questions on the test or how the test was scored, you have to discuss the problem with your instructor. **ONLY** the instructor of record can adjust a grade! There is no time limit on testing, within the hours that the Testing Center is open. They are not allowed to stay open late to accommodate individual students, so please don't ask!!

2. You must take 16 chapter tests, one on each chapter except the last one. The tests are labeled with the same numbers as the chapters – for example, after you have read Chapter One, ask to take Test One. Each test will have fifteen (15) questions in multiple choice format from the test bank. There is no midterm or final, just short tests on each chapter. **You may use notes that you prepare yourself, the two pages if printed single-sided or one page printed double-sided, which you will then turn in with your test.** You may not use your textbook or xeroxed pages from it. You may not bring in answer lists.

3. You must write two (2) article reviews on topics in psychology with a scientific basis that you select yourself. **ALL WRITING ASSIGNMENTS MUST BE TYPED, NOT HAND WRITTEN.** These articles may come from the science magazines available with the text or from other science periodicals from the library. They may also be found on the Internet, by using a search engine, or by choosing links, as follows:

Instructor's web site at <http://ecc.pima.edu/~rflattley>

Online Research Guide at <http://www.library.pima.edu/researchguides.htm>.

Ask the instructor or a librarian if you need help locating information. Turn in all writing assignments to the Tutoring Center desk in the library. Make sure that you include the source of the information. If it is from a print source, list the author, date, title of the article, title of the magazine, and page numbers. If it is from an Internet source, include the full web address, the author and sponsoring organization if available, the date last updated, and the date that you viewed the page. **Do not copy and paste whole chunks of information from the Internet!**

4. The Student Code of Conduct prohibits students from copying written material from any source, print or electronic, and turning it in as the student's own work. Claiming credit for another writer's intellectual work is plagiarism, and it is illegal. If you use another writer's exact words, bracket the words with quotation marks and give the author the credit. If you summarize the author's information in your own words, give the source as a reference at the end of your paper. Breaking this rule can result in receiving no credit for the assignment at the least, and at worst being referred for disciplinary action per Code of Conduct rules.

5. Mark the BONUS DATES on your calendar! They provide an incentive for getting the class completed by giving you points that add to your grade, and are designed to keep you "on track" for course completion.

Chapter Tests and Topics:

The tests will include 15 questions in multiple choice format covering the following material in Psychology by Wade and Tavris.

Test 1 on Ch. 1 What is Psychology? History and key people and theoretical perspectives. Career fields in psychology.

Test 2 on Ch. 2 How psychologists do research. Methods, evaluating research, ethical issues in animal and human subject research. Focus on definitions of research terms.

Test 3 on Ch. 3 Genes, Evolution, and Environment. Human genetics and the evolution of social behaviors, the nature-nurture debate.

Test 4 on Ch. 4 The Brain: Source of Mind and Self. Anatomy and physiology of the brain, medical imaging, brain research, neurology and behavior.

Test 5 on Ch. 5 Body Rhythms and Mental States. Biorhythms and mood changes, sleep and dreams, consciousness and altered states, hypnosis.

Test 6 on Ch. 6 Sensation and Perception. Vision, hearing, the chemical senses, pain. Perceptual illusions, subliminal perception, ESP.

Test 7 on Ch. 7 Learning and conditioning. How organisms are influenced by the antecedents and consequences of behavior, and by observations.

Test 8 on Ch. 8 Behavior in social and cultural context. Obedience and conformity, ethnocentrism and prejudice, group identity and decisions.

Test 9 on Ch. 9 Thinking and Intelligence. Rational thought and mental biases. Defining intelligence, debating IQ testing. Language in man and beast.

Test 10 on Ch. 10 Memory. How it works, how it fails, and how to improve it. How memories shape our lives. False recall and confabulation.

Test 11 on Ch. 11 Emotion. How emotions are expressed and displayed. The effects of biology, culture, and gender. Coping skills.

Test 12 on Ch. 12 Motivation. Hunger, eating habits, and eating disorders. Love and sex, competency and achievement, values and happiness.

Test 13 on Ch. 13 Theories of personality. Psychodynamic, humanistic, and sociocultural theories. Temperament and genes. Traits and testing.

Test 14 on Ch. 14 Development over the Life Span. Cognitive and moral development, self and gender, stage theories and transitions, raising children.

Test 15 on Ch. 15 Stress and Health. The physiology of stress and illness. Personality factors and coping with stressors, social support, locus of control.

Test 16 on Ch.16 Psychological Disorders. Modern methods of classification, diagnosis, and treatment. Major categories of mental illness.

Notes: There is no test on the 17th chapter or on the appendices. Please make sure that you ask for the correct test number that matches the chapter that you read when you go to the Testing Center. **Remember to treat Testing Center staff with respect and consideration!** – They deal with hundreds of students every week, and they do their best to provide the services you need. Follow all rules from the Testing Center, especially the rule that cell phones and other electronic devices are not allowed. Please bring any problems directly to the attention of the instructor.

Bonus Deadline Dates:

1st Bonus Date: Complete 5 quizzes and 1 article review by **Monday, March 9 – 10 pts**

2nd Bonus Date: Complete 10 quizzes (5 more in addition to the first 4) and 2 article reviews (1 more in addition to the previous one) by **Monday, April 13 – 10 pts**

3rd Bonus Date: Complete all 16 quizzes by **Monday, May 11 - 10 pts**

The 30 bonus points can make a whole letter grade of difference in your total number of points, so it's a good idea to make a note of them and get the class done on time or early!

How to reference your source material – put references at the end of the paper.

Writing Citations in APA Style: The Publication Style of the American Psychological Association: Print materials are listed alphabetically by author's last name. If it is given in an official document from an organization without a name, the organization is the author.

Examples:

| Author | Date | Title of article | Publication information |
|--------|------|------------------|-------------------------|
|--------|------|------------------|-------------------------|

| | | | |
|----------------------|---------|------------------------------------|--|
| Loftus, Elizabeth F. | (1993). | The reality of repressed memories. | <i>American Psychologist</i> , 48,518-537. |
|----------------------|---------|------------------------------------|--|

| | | | |
|------------------------------------|---------|--|---|
| American Psychological Association | (1992). | Ethical principles of psychologists and code of conduct. | <i>American Psychologist</i> , 47, 1597-1611. |
|------------------------------------|---------|--|---|

Internet sources need to include the FULL address so another person can find the same page. Remember that a search engine (like Google) is not a reference, it is just how you find topics. The reason for giving the date viewed is that it may change by the time I see it! If an author is not given, give the sponsoring organization.

Examples:

| | | | |
|------------|---------|----------------------|---|
| Tilton, J. | (1995). | Composing good HTML. | http://www.cs.cmu.edu/~tilt/cgh/ (1 Dec. 1996) |
|------------|---------|----------------------|---|

| | | | |
|-------------------------------------|---------|--|--|
| National Institute of Mental Health | (2004). | Brain's Reward Circuitry Revealed in Procrastinating Primates. | http://www.nimh.nih.gov/press/prworkaholicmonkey.cfm (18 Aug. 2004) |
|-------------------------------------|---------|--|--|

Important Notification: All papers must include the reference for the information given, as in the examples given. Do NOT copy papers in whole or in part from the Internet without using quotation marks around the verbatim material (quotations should be brief.) This is defined as plagiarism and is a violation of the Student Code of Conduct. Write your own original work.

Bonus Deadline Dates Repeated – Make a Note of These:

- 1st Bonus Date: Complete 5 quizzes and 1 article review by Monday, March 9 10 pts
- 2nd Bonus Date: Complete 10 quizzes and 2 article reviews by Monday, April 13 10 pts
- 3rd Bonus Date: Complete 14 quizzes and 3 article reviews by Monday, May 11- 10 pts

The most common reason for failure in a self-paced class is non-completion of the requirements. If you find that you are not able to finish the class, you should withdraw yourself before the withdrawal deadline so that you do not fail. I do not withdraw students at the 45th day of the semester in self-paced classes So if you sign up for the class but do not complete it you will receive a failing grade.

Point Conversion to Letter Grade:

| | | |
|---|-----|--------------------------------|
| Tests: 16 Chapter Tests @ 15 questions | 240 | Take careful notes on the text |
| Reviews: 2 written reviews submitted @ 30 pts | 60 | Total Regular Points 300 |
| Bonus Points – 10 pts. Per bonus date | 30 | Bonus points help your grade! |

Grading Scale

90 – 100% = 270 - 300 = A

80 – 89% = 230 - 269 = B

70 – 79% = 200 - 229 = C

60 - 69% = 140 - 170 = D

Below 139 = Failing grade.

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Please make sure that you contact your instructor with any concerns or questions that may arise in regard to the syllabus, the course content, or grading issues. In a self-paced class, it is not automatically apparent to the instructor that you need help, since you are working on your own and we may not see each other. Help is available, but you have to ask for it by phone, email, or stopping in during office hours.

Student Information Form – Return to the Tutoring Center Desk

This information will be placed in a confidential file and will be picked up only by the instructor. It will not be shared in any way. The purpose of requesting contact information is to facilitate your success in the course by enabling your instructor to reach you if any questions arise regarding assignments that you have submitted or other course-related contact. You will only be contacted if it would help you succeed in the class.

PLEASE PRINT CLEARLY – YOUR INSTRUCTOR HAS POOR EYESIGHT!

Name: _____

Email Address: _____

Best telephone number(s) _____

Current mailing address: _____

I have received the syllabus for Psychology 101 Self-Paced, and I understand that I am responsible for making sure that I understand the requirements listed therein or contacting the instructor with any questions that I may have. I also understand that I am responsible for my own success in this class, and realize that I will be graded on the basis of the point structure provided in this syllabus.

Student Signature: _____