Syllabus for PSY 101 Introduction to Psychology
Spring CRN 20899 @ 9:45 am E5 527

*PSY 101 at Pima is equivalent to PSYC 101 at the University of Arizona

**Description:** Survey of general psychology, including history, nervous system anatomy and physiology, perception, learning, motivation, cognition, development, personality, social psychology, and psychopathology.

**Instructor:** Rita Flattley, M.Ed. Email: rflattley@pima.edu
Web Site for Psychology, including syllabus: [http://ecc.pima.edu/~rflattley](http://ecc.pima.edu/~rflattley)
   Textbook Website [www.prenhall.com/wade](http://www.prenhall.com/wade)

**NOTE:** You MUST include the course number in the subject line of an email message so I know that you are a student, and please do NOT send writing assignments to me as attachments due to virus & spam problems.

**Office:** 01 162 ys, **Office hours** Mon. & Wed.8:45 – 9:45 am, Tues. & Thurs. 9 – 10 am
**Phone:** 206-7634

**Text:** Psychology, 9th Ed., Wade and Tavris, ISBN 0132387387
   Pearson/Prentice-Hall The previous 8th edition is very similar

**Important Dates for Spring 2010**

- Classes Start Tuesday, January 19
- Drop/Refund Deadline Monday, February 1
- Rodeo Days Thursday and Friday, February 25 – 26 – No Class
- 45th Day Census for Registration Thursday, March 4
- Spring Break Week March 14 – 20 – No Class
- Withdrawal Deadline Thursday, April 8
- Finals Week May 12 – May 18

Pursuant to Arizona state law (ARS 13-3620) College personnel who learn in the course of their employment that a minor has been the victim of physical or sexual abuse are required to report this information immediately to law enforcement.

PCC provides reasonable accommodation to those students who qualify under the Americans with Disabilities Act (ADA.) Appropriate medical documentation will be required to determine eligibility. Please contact the campus Disabled Student Resource office at 206-7799 to begin the accommodation request process.

**Classroom Manners:**
In order to maintain a positive and constructive learning environment, everyone involved must be mature and respectful to others. Turn off cell phones and avoid side conversations, entering late and/or leaving early, and other distracting or disruptive behaviors. Thank you!
Course Outline

Please Note: This schedule may change slightly during the semester as announced in class. You are responsible for information presented in class, so it would be in your best interest to attend regularly. Chapters are not always covered in order.

Unit 1: Psychology: The Macrocosm

Week 1 January 20 Introduction. Review syllabus, course requirements, and expectations.

Week 2 January 25 - 27 READ Ch. 1 What is Psychology? Discuss the history and key theoretical perspectives and career fields in psychology.

Week 3 February 1 - 3 READ Ch. 2 How psychologists do research. Methods, evaluating research, ethical issues in animal and human subject research.

Week 4 February 8 - 10 READ Ch. 3 Genes, Evolution, and Environment. Human genetics and the evolution of social behaviors, the nature-nurture debate.

Week 5 February 15 - 17 READ Ch. 8 Behavior in social and cultural context. Obedience & conformity, ethnocentrism & prejudice, group identity & decisions making, dating & mating.

First Quiz on Chapters 1, 2, 15, & 8 on Monday, February 22 Multiple Choice Format

Unit 2: Biological Psychology: The Microcosm

Week 6 February 22 - 24 READ Ch. 5 Body Rhythms and Mental States. Biorhythms and mood changes, sleep and dreams, consciousness and altered states, hypnosis.

Week 7 March 1 - 3 READ Ch. 4 The Brain: Source of Mind and Self. Anatomy and physiology of the brain, medical imaging, brain research, neurology and behavior. First article review due Week 7 – Hand in person, not by email please.

Week 8 March 8 – 10 READ Ch. 6 Sensation and Perception. Vision, hearing, the chemical senses, pain. Perceptual illusions, subliminal perception, ESP.

Week 9 March 22 - 24 READ Ch. 15 Stress and Health. The physiology of stress and wellness. Personality factors and coping with stressors, social support, locus of control research, resilience and immunity.

Second Quiz on Chapters 4, 5, 6, and 15 on Monday, March 29 Diagrams & Fill in Blanks

Unit 3: Mind and Emotion

Week 10 March 29 - 31 READ Ch. 7 Learning and conditioning. How organisms are influenced by the antecedents and consequences of behavior, and by observations.
Week 11 April 5 - 7  READ Ch. 9 Thinking and Intelligence. Rational thought and mental biases. Defining intelligence, debating IQ testing. Language in man and beast. **Second article review due Week 11 – Hand in person, not by email please.**

Week 12 April 12-14  READ Ch. 10 Memory. How it works, how it fails, and how to improve it. How memories shape our lives. False recall and confabulation.

Week 13 April 19 - 21 READ Ch. 11 Emotion AND Ch. 12 Motivation  How emotions are expressed and displayed. The effects of biology, culture, and gender. Coping skills. Hunger, eating habits, and eating disorders. Love and sex, competency and achievement, values and happiness.

**Third Quiz** on Chapters 7 and 9 – 12 Monday, April 26 Multiple Choice Format

**Unit 4: Personality Development – Normal and Abnormal**

Week 14 April 26 - 28  READ Ch. 13 Theories of personality. Psychodynamic, humanistic, and sociocultural theories. Temperament and genes. Traits and testing.

Week 15 May 3 - 5  READ Ch.16 Psychological Disorders. Modern methods of classification, diagnosis, and treatment. Major categories of mental illness.


**Last Quiz** Wednesday, May 12 on Chapter 13, 14, 16. Enjoy your holidays! Grades will be posted soon.

**How to Write a Review of Research in Psychology:**

1. Select a topic within the field of psychology that you find interesting. Topics can include research on the brain and nervous system, neurological or psychological disorders, special topics like sports psychology, etc.
2. Decide whether you would like to do an Internet search or look at printed materials. Librarians at the EC can help you with either kind of information search, and know how to direct you to special databases or journals.
3. Select an article for review. Make sure it is a full-length article, not just an abstract or summary, so you have enough to write about. Make sure that it has a basis in research or is from a reputable source, like a university or scientific periodical. The Internet includes a lot of personal opinions, which may be interesting but are not relevant for this purpose.
4. Read the information and think about the main points and what you learned from the article. Does it agree or disagree with other information you have on the topic, from experience or from your test?
5. Write a concise summary of the information, conclude with your own comments, such as why you chose the article, whether you agreed or disagreed, etc. The overall length should be about 1 – 2 pages in a standard 12 point font, 1.5 or double spaced. No handwritten papers will be accepted.

6. End with the reference for the information, including the author, title, and periodical, and date, or the complete web address if it is from the Internet.

**Examples: For information in print:**

<table>
<thead>
<tr>
<th>Author</th>
<th>Date</th>
<th>Title of article</th>
<th>Publication information</th>
</tr>
</thead>
</table>

**Examples - For information from the Internet:**

<table>
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<tr>
<th>Author</th>
<th>Date</th>
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</tr>
</thead>
</table>

Important: Do NOT copy papers in whole or in part from the Internet without using quotation marks around the verbatim material (quotations should be brief.) This is defined as plagiarism and is a violation of the Student Code of Conduct.

**Grading Policy and Point Assignments**

- **Attendance:** Taken orally in first few weeks, then by sign-in sheet Maximum 25 points
- **In Class Activities:** Usually 5 – 10 points per activity done in class Maximum 25 points
- **Four Quizzes:** Each worth 30 points, multiple choice except #2 4 x 30 = 120 points
- **Written Reviews of Current Research in Psychology:** Two reviews, 2 x 25 = 50 points
- **Visual Poster/Presentation:** Maximum 50 points

**Course Total 270 points**

**Point Conversion to Letter Grade:**

- 240 – 270 = A
- 210 – 239 = B
- 180 – 209 = C
- 150 – 179 = D
- Below 150 = F